

# Bringing Mental Health to Schools

An online,  
modular  
curriculum  
resource for  
educators teaching  
grades 8 - 10.

This Canadian-developed, nationally and internationally researched resource is now available online through UBC Faculty of Education.

- LEARN how to implement mental health strategies into your curriculum
- UPGRADE your own mental health literacy skills
- OBTAIN a UBC Certificate of Completion (*optional*)

[pdce.educ.ubc.ca/MentalHealth](https://pdce.educ.ubc.ca/MentalHealth)



THE UNIVERSITY OF BRITISH COLUMBIA

**Faculty of Education**

